Job Description

Title:	**Children & Young People (CYP) Therapist**
Accountable to:	**Therapy Delivery Manager**
Notice Period:	**1 Month**
Salary:	**£35,573 Full-time Equivalent (£21,344 for 0.6FTE)**
Hours:	**22.5 hours per week - 0.6 FTE** We would also consider applicants available for 30 hours per week
Leave:	**27 days, plus bank holidays, per annum, pro rata**

Background
SV2 is a leading specialist charity committed to supporting children and adults who have experienced sexual violence. Embedded in the Derbyshire and Derby City communities for over 30 years, we actively work to ensure victims/survivors of sexual violence and abuse are informed, supported, protected and empowered.

The registered aims of the Charity are:

- To help relieve the suffering and distress of persons who have been raped or sexually abused; and
- To advance the education of the public in the subject of rape and sexual abuse and their effects.

The registered activities are:

- To promote the recovery of any adult or young person of any gender who has experienced rape or sexual abuse at any point in their life; and
- To offer one to one counselling, phone support, with or without police involvement, young people's service, trust & support through court and criminal proceedings.

Purpose of the Job
To provide a high-quality, specialist therapeutic service to children up to the age of 17years who have experienced sexual violence. The postholder will undertake therapeutic assessments and deliver one-to-one trauma-informed therapy to clients referred to SV2 through self-referral and partner referral pathways, including referrals from Sexual Assault Referral Centres (SARCs) across Derbyshire.

The role requires working within a multi-agency environment to support victims and survivors of sexual violence aged 0-17 years and their families, within and outside of the criminal justice system. This includes pre-trial therapy in accordance with the relevant professional and legal guidance.

As part of SV2's Therapy Service, the postholder will contribute to the delivery of counselling, and other therapeutic interventions for children and young people affected by sexual violence. Working collaboratively with parents, colleagues and external agencies to promote recovery, wellbeing, and positive outcomes for clients.

Accountability
The Children's Therapist will be line managed by The Therapy Delivery Manager and is accountable to the CEO. The post is part of a wider team at SV2 delivering a range of support services to victims of sexual violence.

Main Duties and Responsibilities

General
The role involves supporting clients through a short-term therapeutic model of up to 10 sessions.

- To provide specialist individual counselling to victims and survivors (aged 0-17) of sexual violence both recent and historic.
- To provide specialist counselling assessments.
- To provide one to one therapy face to face or online/remote, working from various venues across Derbyshire including educational settings.
- Maintain confidential and accurate records in accordance with GDPR and pre-trial therapy guidelines.
- To work with the whole SV2 organisation to ensure smooth transition of client referrals to appropriate services including 'in-crisis' services.
- Adhere to the charity's safeguarding policy and procedures, actively responding appropriately to any safeguarding concerns or risks.
- Ensure contract Key Performance Indicators are achieved and maintained.
- Provide reports and information on clinical practice as required, in line with BACP guidelines, SV2 policies and Data Protection Act using agreed frameworks.
- Undertake Continuous Personal Development (CPD), as identified in annual appraisal and line management processes.
- To support colleagues and sub-contracted therapists to deliver group work to clients as and when required.
- To offer psychoeducational support sessions and coping strategies to the parent/carers of children and young people who are receiving therapy at SV2.
- Take an active role supporting students including induction, and ongoing support.
- To work within professional guidelines and the overall framework of the organisation's policies and procedures.
- Monitor and record progress and outcomes for clients utilising SV2's case management system and assessment tools.
- Monitor, maintain, plan and prioritise own work and a complex caseload to meet funding requirements and business needs.

Professional
- To work in partnership and liaise closely with practitioners and professionals internally and externally.
- Develop and maintain knowledge and skills relevant to this area of work which meets the needs of the Organisation, client group and sexual offences legislation.
- Maintain confidentiality in line with SV2's information governance policies.
- Adhere to the BACP Code of Ethics adopted by SV2.

Communication and Public Relations

- Raise awareness of services in line with SV2's Communications Strategy.
- Promote and demonstrate SV2 values at all times.
- Represent the service in a professional manner.

Other duties

- Work within SV2's Health & Safety Policy and Lone Working Policy. Take responsibility for personal Health & Safety.
- Attend regular line management, clinical supervision, peer supervision, appraisal meetings and team meetings, as required.
- To carry out any other responsibilities that reasonably fall within the scope of the post and to assist with any reasonable duty at the request of SV2's Management Team.

Person Specification – Children & Young People (CYP) Therapist

Category	Essential criteria (Must have)	Desirable criteria (Nice to have)	Method of assessment
Qualifications and Professional Registration	Level 4 Therapeutic Counselling/equivalent core practitioner qualification, followed by specialised children and young people top-up training to Level 5	MA/MSc in Counselling/Psychotherapy specialising in children and young people	Application
	Postgraduate Diploma in counselling or psychotherapy, specialising in children and young people	Postgraduate qualification in Attachment/Trauma therapy	Application
	Registration with BACP or appropriate professional body	Accredited member of BACP or an appropriate professional body	Application
Experience	Evidence of practice consistent with Safeguarding training Level 3 competencies or qualification	Qualification or experience of delivering solution focused therapy or stabilisation therapy	Application/Interview/Case Scenario
	A minimum of two years post qualification counselling practice working with children and young people	Training or experience in delivering Pre-Trial Therapy	Application/interview/Case Scenario
	A minimum of two years' experience working within a trauma informed setting	Facilitating therapeutic and/or psychoeducational support groups	Application/interview/Case Scenario
	Undertaking of therapeutic assessments and using assessment tools	Supporting student counsellors and volunteers	Application/interview
	Working therapeutically with clients face to face and remotely	Engaging with diverse communities, including working with interpreters	Application/interview

Knowledge & Skills	Good understanding of rape, sexual abuse, rape trauma syndrome and their effects within the therapeutic setting	Knowledge of how to support clients who are neurodivergent and/or have learning disabilities	Application/interview
	Able to foster strong therapeutic alliances, with professionals, agencies and families		Application/interview/Case Scenario
	Ability to work with complex client presentations including suicidal ideation/self harm		Application/interview
	Ability to work with the psychological and emotional impact of sexual violence. Including dissociation, vicarious trauma and crisis management		Application/interview/Case Scenario
	Excellent communication and interpersonal skills including ability to work sensitively and empathetically		Application/interview/Case Scenario
	Strong record-keeping and ability to work on own initiative. Prioritising workload, diary management and administration tasks, with attention to accuracy and confidentiality		Application/interview/Case Scenario
	Good IT skills working with Email and Calendar (Outlook), Word, Excel and in-house databases		Application/interview
Other	Driving licence and access to a car with business insurance as travel is essential		Application/interview