



Job Description

Title:	Adult Therapist
Accountable to:	Therapy Delivery Manager
Notice Period:	1 Month
Salary	£35,572 Full-time Equivalent (£28,458 for 0.8FTE)
Leave	27 days, plus bank holidays, leave per annum, pro rata

Background

SV2 is a company Limited by Guarantee which is registered with the Charity Commission (Registered Number 1077863). The registered aims of the Charity are:

- To help relieve the suffering and distress of persons who have been raped or sexually abused; and
- To advance the education of the public in the subject of rape and sexual abuse and their effects.

The registered activities are:

- To promote the recovery of any adult or young person of any gender who has experienced rape or sexual abuse at any point in their life; and
- To offer one to one counselling, phone support, with or without police involvement, young people's service, trust and support through court and criminal proceedings.

Purpose of the Job

The role is to deliver a high quality, specialist service to victims of sexual violence, providing one-to-one therapy for clients who are aged 18 and over. The role includes provision of therapeutic assessments to clients across Nottinghamshire who have been referred to the Sexual Assault Referral Centre (SARC).

To work within a multi-agency setting to provide an empathic and proactive support service to victims of sexual violence aged 18+ and their families, within and outside of the criminal justice system, including pre-trial therapy.

This role is part of the Therapy Service which comprises of a team of Adult and Children's Therapists offering counselling, therapy, parent support sessions and other therapeutic interventions to victims of sexual violence and secondary survivors.

Accountability

The Adult Therapist will be line managed by The Therapy Delivery Manager and is accountable to the CEO. The post is part of a wider team at SV2 delivering a range of support services to victims of sexual violence.

Main Duties and Responsibilities

General

This role is primarily working with clients in a short-term model of 8 -14 sessions providing immediate support after an incident of sexual violence.

- To deliver appropriate individual face to face or phone/online therapeutic services to victims (aged 18 and above) of sexual violence or abuse at any point in their lives
- To provide specialist counselling assessments and one to one therapy in line with funders requirements
- To work with the whole SV2 organisation to ensure smooth transition of client referrals to appropriate services
- Maintain current and accurate records of clients and client interactions
- Provide reports and information on clinical practice as required, in line with BACP guidelines, SV2 policies and Data Protection Act using agreed frameworks
- To contribute towards the Clinical Governance process within the service
- Undertake CPD as identified in annual appraisal and line management processes
- To support members of the team and sub-contracted therapists to deliver support groups to clients
- To work within professional guidelines and the overall framework of the Agency's policies and procedures
- Monitor and record progress and outcomes for clients utilising SV2's case management system, client support plan and other systems, as required
- Monitor, maintain, plan and prioritise own work and client caseload to meet funding contract requirements
- Liaise with other relevant external agencies in relation to the support of their clients
- Respond to safeguarding issues and liaise with staff in accordance with SV2's safeguarding policies
- Provide information and reports for managers, as required

Professional

- To support and liaise closely with practitioners and professionals in SV2 and other external organisations
- Develop and maintain knowledge and skills relevant to this area of work which meets the needs of the Organisation, client group and sexual offences legislation
- Maintain confidentiality in line with SV2's information governance policies
- Adhere to the BACP Code of Ethics adopted by SV2

Communication and Public Relations

- Raise awareness of services in line with SV2's Communications Strategy
- Ensure communication between agencies is effective
- Represent the service in a professional manner

Other duties

- Work within SV2's Health & Safety Policy and take responsibility for personal Health & Safety
- Attend regular line management, clinical supervision, peer supervision, appraisal meetings and team meetings, as required
- To carry out any other responsibilities that reasonably fall within the scope of the post and to assist with any reasonable duty at the request of SV2's Senior Management Team

Person Specification

Attributes	Criteria (E) Essential (D) Desirable (Only essential criteria will be considered when undertaking the job evaluation process)	Method of Assessment e.g. Application Form/ Interview/ Presentation/ Test
Qualifications	<p>A recognised qualification in counselling or psychotherapy to at least Diploma Level 4 (E)</p> <p>Postgraduate Diploma in counselling or psychotherapy (D)</p> <p>MA/MSc in Counselling/Psychotherapy (D)</p> <p>Postgraduate qualification in Attachment/Trauma therapy (D)</p>	<p>Application</p> <p>Application</p> <p>Application</p> <p>Application</p>
Experience	<p>Safeguarding training (E)</p> <p>Substantial number of hours post qualifying counselling practice (E)</p> <p>A minimum of two years' experience of undertaking therapeutic assessments (D)</p> <p>Some experience of working therapeutically with clients remotely (Telephone or online) (D)</p> <p>A minimum of two years' experience working specifically with this client group (E)</p>	<p>Application/interview</p> <p>Application/interview</p> <p>Application/interview</p> <p>Application/interview</p> <p>Application/interview</p>

	Experience of facilitating therapeutic and or psychoeducational support groups (D)	Application/interview
	Experience of supporting student counsellors and volunteers (D)	Application/interview
	Experience of delivering clinical supervision and/or providing clinical guidance (D)	Application/interview
	Experience and ability to engage diverse communities (D)	Application/interview
Knowledge & Skills	Extensive knowledge & awareness of rape, sexual abuse, rape trauma syndrome and their effects within the therapeutic setting (E)	Application/interview
	Knowledge and awareness of dissociation, the impact of trauma and vicarious trauma, and an understanding of crisis management (D)	Application/interview
Other	Registration with BACP or similar professional body (E)	Application
	Accredited member of BACP or a similar professional body (D)	Application
	Good communication skills, oral and written including an ability to write reports (E)	Application/interview
	Good IT skills. Experience of working with: Email (Outlook or gmail), Word, Excel, Databases (E)	Application/interview
	Driving licence and access to a car with business insurance, as may be required to travel (D)	Application/interview