



JOB DESCRIPTION

Title:	Subcontracted Therapist (<i>Includes Counselling and Holistic Therapies</i>)
Accountable to:	Clinical Lead
Salary Scale:	£30 per attended session (£15 for DNA and cancellation within 24 hours £30 admin retainer each month)

Background

SV2 is a company Limited by Guarantee which is registered with the Charity Commission (Registered Number 1077863). The registered aims of the Charity are:

- To help relieve the suffering and distress of persons who have been raped or sexually abused; and
- To advance the education of the public in the subject of rape and sexual abuse and their effects.

The registered activities are:

promote the recovery of any adult or young person of any gender who has experienced rape or sexual abuse at any point in their life; and

- To promote the recovery of any adult or young person of any gender who has experienced rape or sexual abuse at any point in their life; and
- To offer one to one counselling, phone support, forensic medicals following recent incidents, with or without police involvement, young people's service trust & support through court and criminal proceedings.

Purpose of the Job

- To work therapeutically, with either or both young people aged 0 – 17-year-old and adults 18+ across Derbyshire, who have experienced sexual abuse or rape at any point
- To deliver therapeutic support either face to face and/or remotely
- To provide therapeutic services from their own premises or therapy room
- To work within professional guidelines and the overall framework of the agency's policies and procedures

Main Duties and Responsibilities

General

- To provide face to face and/or remote counselling and or brief therapy to young people and/or adults
- To work with a recommended minimum of 4 clients, although this is not essential
- To provide clinical assessments, ongoing sessions, as well being check-ins
- Tailor support package, as far as possible for each individual client
- Opportunity to co-facilitate online or face to face support groups
- Opportunity to offer holistic therapies such as reiki healing and mindfulness/meditation sessions if holds the relevant qualifications
- To participate and collaborate with Independent Sexual Violence Advisor and/or Children's Independent Sexual Violence Advisor (ISVA's/ChISVA) and other team members to provide specialist clinical services as required
- To monitor clinical progress through regular reviews and the use of outcome measures set out by the organisation

- To be aware of, and engage with, relevant developments in safeguarding and adolescent mental health
- To attend mandatory training such as induction, GDPR, Safeguarding etc.
- To attend optional in-house training

Professional

- Maintain confidentiality in line with SV2’s information governance policies.
- Attend external supervision in line with BACP requirements
- To support and liaise closely with practitioners and professionals in SV2 and other external organisations
- To provide SV2 with proof of professional qualifications, BACP or alternative professional body membership and up-to-date insurance
- Develop and maintain knowledge and skills relevant to this area of work which
- meets the needs of the Organisation, client group and sexual offences legislation
- Adhere to the BACP Code of Ethics adopted by SV2

Other duties

(Not mandatory, but recommend to attend for good practice. All meetings are paid £30 per hour)

- Bi monthly clinical reflection groups (The frequency may vary determined by the pandemic)
- Quarterly meetings (The frequency may vary determined by the pandemic)
These will take place within a hybrid model – Face to face and online

IT/additional costs

- Sub-contracted therapists are required to have their own work laptop/device which is not used for personal use. This is due to accessing SV2 case management system for client notes
- Sub-contracted therapists are required to purchase SV2 approved antivirus, which costs approximately £46 for two years (Any difference is reimbursed when the sub contactor leaves)
- There are some devices that do not support SV2 antivirus such as Google Chrome Books and specific versions of Mac devices (to find out if your device is compatible, please contact us before applying)
- Sub-contracted therapist are expected to pay for their DBS through SV2, which currently costs £54.39

PERSON SPECIFICATION:

Attributes	Criteria (E) (Essential) (D) (Desirable) (Only essential criteria will be considered when undertaking the job evaluation process)	Method of Assessment Eg Application Form / Interview / Test
Qualifications	A recognised qualification in counselling or psychotherapy to at least diploma level 4 (E)	Application
	Postgraduate Diploma in counselling or psychotherapy (D)	Application
	Postgraduate Diploma in counselling or psychotherapy, preferably specialising in children and young people and/or other creative therapies (D)	Application
	MA/MSc in Counselling/ Psychotherapy (D)	Application
	MA/MSc in Counselling/ Psychotherapy specialising in children and young people and/or other creative therapies (D)	Application

	<p>Postgraduate qualification in attachment/trauma therapy (D)</p> <p>A recognised qualification in holistic therapies, such as Reiki Practitioner (D)</p>	<p>Application</p> <p>Application</p>
Experience	<p>Safeguarding training (E)</p> <p>450 hours post qualifying counselling practice, supervised by a qualified supervisor (E)</p> <p>A minimum of 2 years' experience of working specifically with this client group (E)</p> <p>A minimum of 2 years' experience of undertaking therapeutic assessments for children and young people (D)</p> <p>Some experience of working therapeutically with clients remotely (telephone or online) (D)</p> <p>Experience of facilitating therapeutic and/or psychoeducation support groups (D)</p> <p>Experience and ability to engage diverse communities (D)</p>	<p>Application/Interview</p> <p>Application/Interview</p> <p>Application/Interview</p> <p>Application/interview</p> <p>Application/interview</p> <p>Application/ Interview</p> <p>Application/ Interview</p>
Knowledge & Skills	<p>Extensive knowledge & awareness of rape, sexual abuse, rape trauma syndrome and their effects within the therapeutic setting (E)</p> <p>Knowledge and awareness of Dissociation, the impact of trauma and vicarious trauma, and an understanding of crisis management (D)</p> <p>Able to foster strong therapeutic alliances with parents/carers of children (D)</p>	<p>Application/Interview</p> <p>Application/Interview</p> <p>Application/Interview</p>
Other	<p>Registration with BACP or similar governing body (E)</p> <p>Accredited member of the BACP or similar governing body (D)</p> <p>Good communication skills, written and oral including an ability to write reports (E)</p> <p>Good IT skills. Experience of working with: email (outlook or Gmail), word, excel, databases (E)</p> <p>Driving licence and access to a car with business insurance as may be required to travel around the county (E)</p> <p>This post is subject to an enhanced DBS check (E)</p>	<p>Application</p> <p>Application</p> <p>Application/Interview</p> <p>Application</p> <p>Application</p>