

10 MINUTES TO LET YOUR MIND WANDER (WHO KNOWS WHERE IT MIGHT LEAD?)

Date: _____

Two things you've never done, but would love to try:

1

2

One thing that might scare others, but doesn't scare you:

Three things about this time of year:

1

2

3

Two things in your life or the world around you that are changing:

1

2

Three little things that mean a lot:

1

2

3

One thing you're thinking about, but not quite ready to talk about yet: