

Wellbeing Word search

E	H	S	A	H	O	L	I	S	T	I	C	N	E
S	A	P	T	R	A	U	W	R	O	F	S	E	I
T	T	I	P	E	U	F	E	L	S	I	M	V	L
E	H	R	I	L	R	D	L	N	E	E	P	T	O
R	E	I	L	A	H	N	L	O	L	R	O	T	R
R	R	T	E	X	S	I	B	I	F	I	S	C	E
E	A	G	O	A	L	M	E	T	C	S	I	O	S
I	P	I	O	T	E	E	I	A	A	U	T	M	T
K	Y	F	Y	I	E	D	N	T	R	P	I	F	O
I	E	R	O	O	P	L	G	I	E	P	V	O	R
E	P	Y	G	N	R	N	T	D	Y	O	E	R	E
M	V	S	A	I	T	E	S	E	D	R	R	T	T
S	K	H	E	A	L	T	H	M	E	T	K	X	I
N	C	L	E	A	N	S	E	F	I	L	F	S	L

GOAL
THERAPY
POSITIVE
RELAXATION
MEDITATION
RESTORE
MINDFUL
COMFORT
SELFCARE
HOLISTIC
CLEANSE
REIKI
WELLBEING
HEALTH
SUPPORT
YOGA
SLEEP
SPIRIT

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